

MOUNTAINS OF HOPE CHILDRENS MINISTRIES UGANDA



VHT checking nutrition level of a child using MUAC tape during nutrition training organized by Mountains of Hope in 2014

Annual report FY 14, January 2014-January 2015

Po Box 182 Mpigi, Uganda

Tel # 256772413465

Email: mountainshope88@gmail.com

Website: www.mountains-ofhope.org

Acknowledgement

Having completed the year, acknowledgement is extended to all those that have participated in planning and implementation of project interventions through the year. We appreciate Mpigi District leadership and management team for their continuous support and guidance in coming up with innovative ideas and giving strategic direction to the project. Special appreciation goes to the Mpigi District Probation and welfare officer Ms. Annet Nabuuma for her continued advice and direction during implementation. Not forgetting the Mpigi District police Family and welfare department headed by Ms. Nawegulo, thank you for the partnership.

Globalgiving is credited for its commitment in supporting the project raise funds through its site, we have been able to raise funds worth \$19,000 through Globalgiving for the running of 21 various sub projects under the 03 main projects of Health, Sponsorship and Education respectively. Through your support we have helped meet the needs of the community, but also forge a favorable working partnership that is geared towards implementation of community based sustainable projects for transformation of the community.

We are also grateful to Kafumu parish leadership, the local administration, security agencies, Religious leaders, traditional leaders, opinion leaders, various stakeholders and the entire community for their collaboration and support.

The participation of other stakeholders like Village Health Teams (VHTs), government aided schools and their support during implementation and planning processes is appreciated. Gratitude is also due to community members for their involvement in the prioritization, problem analysis, and visioning plus reflection exercises.

Lastly thanks to the entire Mountains of Hopebig team beginning from the Executive committee chaired by Mr. Jimmy Mayanja plus other members of the committee including Miss. Max Namatovu, Mr. Ronnie Mutongole, Mr. Wilson Wabalanda, Miss. Lilian Nakiyaga, Mr. Sammex Ssinabulya, Bish. Sam Akol, Mr. Justin Okia and the Implementing team Headed by James Malinga (Executive Director), Joy Muwanguzi (administrator) and volunteers for their time and commitment towards sourcing for funding and all implementation. You are all appreciated for your patience and overall support towards these entire processes.

Affirmation

This is to affirm that unless as acknowledged by the references and quotations from other authors indicated in this document, the information contained herein represents work under taken during implementation.

Therefore, all information embedded in this document, related references and information gathered during implementation remains the property of the community and families of Kafumu parish, and can only be accessed with prior consent from the community and authors

Author:

James Malinga

Executive Director

Contact: 256772413465/256701413465

Email:malinga.james408@gmail.com

Introduction

All planning and implementation processes involved collaboration and networking with a cross section of stakeholders, including; Mpigi District Health Office, District Probation Office, District police Family and child welfare Office, Kafumu parish leadership, operating local CBOs, Health centers and individual community members.

This document shows progress of interventions that Mountains of Hope projectand stakeholders have attained for this financial year beginning January 2014 to January 2015, the interventions addressed the prevailing community challenges and improvement in people's quality of life. Project interventions during the FY included projects such as; Education, Health and Sponsorship.

Project goal: Improved quality of education among school going children both boys and girls and improved health of the people of Kafumucommunity through a participatory community based sustainable approach by the year 2018.

Project outcomes:

- 1: Improved access to quality of formal education for 100 Children (both boys and girls) but with special focus on the girl child in Kafumu parish by 2016.
- 2: Reduced malnutrition cases and its effects among 500 children in Kafumu parish through several approaches of prevention, care, support and advocacy by 2016.
- 3: Improved living of children both sponsored and non-sponsored and their community to become agents of change by 2016.

Progress towards project goal:

Success story:

Sarah's Story- a reminder of why we do what we do:



Sarah always dreamed of being a teacher, but when her father died she thought there was no hope for her. Five years ago, Sarah moved into the children's home and we immediately enrolled her in school to pursue a diploma in Nursery teaching education. She completed her course in just two years, and now she is teaching in one of the best schools in Kampala city. Since then, she has been able to help her siblings as well as sponsor herself for further studies in education.

Sarah is just one example of what is possible when children are able to follow their dreams. Sometimes, all a child needs is a place to call home, or someone to help them through school. With your support, you can help more children become like Sarah, and reach places that they never thought were possible.

Sponsorship and Education projects

The project has enabled 10 sponsored children (05 girls, 05 boys) and 02 University students (01 girl and 01 boy) to remain in school and improve on their learning skills using its interventions in education project such as paying their school fees and tuition. These children are enjoying education since the Tuition and fees are paid in time.

Enrolment in some schools has changed, the project distributed sanitary pads to 70 school going girls of menstruation age and as a result their hope has been restored. They have as well participated in prevention of teenage pregnancies initiatives in and out of school using life skill approach.

Health project

The project in partnership with the District Health Office and stakeholders such as Village Health Teams (VHTs), trained 50 mother's proper breast feeding methods and food preparations to children aged 0-59 months to reduce malnutrition. Mothers were taken

through the usage of Mid Upper Arm Circumference tapes (MUAC), they are now vigilant on the health of their children. This vigilance of mothers has contributed to reduction malnutrition cases among the children of Kafumu community from 8% who measured yellow and red (at risk and critical stage respectively) in 2013 to 7% who measured yellow and red in 2014 (source: VHT records report, 2014).

The project in collaboration with the Globalgiving donors facilitated 13 children (05 girls, 08 boys) to get psychosocial support, the children were talked to both boys and girls and after played and had the best Christmas meal in Freedom city kids play center Namasuba

Two project staff have been facilitated to attend various planning and review meetings in the project and with the District. This has enabled the staff be vigilant and have effectively monitored and managed project work. The staff have monitored and supervised the construction of a four roomed home to accommodate children who if not accommodated would not survive, the home will only accommodate these children for a period of not more than six months and find a home to place them.

Lessons learned

Involving children in the planning process and allowing them participate in the project interventions enables them to express themselves in identifying their needs and sharing problems affecting them and their families and communities. When we trained girls on prevention of early pregnancies, at the course of the training they told us that they had a great need for sanitary pads, something we had not planned for before, we immediately looked for money and provided them to enable them continue education.